

N.C.C.C.

NOUPOORT CHRISTIAN CARE CENTRE

P.O.Box 113, Noupoort, 5950

Office: (049) 843 1747

(049) 843 1787

Fax: 086 585 5118

Email: info@drugalarm.co.za

Web: www.drugalarm.co.za

N.P.O: 004-150

P.B.O: 930 020 451



Founders: Pastor Sophocles and Gladys Nissiotis

Addiction is a choice and not an incurable disease, which means that it can and has been overcome by many that have completed our prescribed 1 year and 2 year programs.

Broken down as follows, our survey shows a **76% recovery success rate** for those successfully completing the 52 week program. For this reason we can **guarantee the recovery of any addiction** for all those that are prepared to do an **extra year** after successful completion of the first year. **The second year is absolutely free.**

Yes, the second year is totally free and sponsored by the Noupoort Christian Care Centre.

Complete the second year and Noupoort Christian Care Centre guarantee's your recovery for life.

No more financial burden for the cost of addiction. They relapse you send them back at no cost.

(Medical costs excluded)

The Program is broken down as follows;

1. Minimum of 20 weeks primary care.
2. 20 weeks secondary care for those who have stopped smoking.
3. 12 weeks as a senior resident.
4. 52 weeks as a training staff member. These 52 weeks are totally free, financed by the NCCC, excluding medical incidences.

1. ATTENTION: Please read the attached programme very carefully and allow the applicant to do the same.

2. If we can be of help or service to you, please complete the application forms and fax back to Admissions on (086) 585 5118 or sign, scan and email to info@drugalarm.co.za

3. *Please ensure that the applicant reads the rules and regulations of the programme and understands them.*

4. It is important to follow the above procedures and not to allow the applicant to arrive without his/her application having being approved; **otherwise the applicant will not be admitted.**

Should you require further information please visit our website on www.drugalarm.co.za

The following buses are available to Noupoort.

- From: Gauteng** **Translux Bus** to P.E. or George leaves JHB at 17h45. Please book the applicant to Noupoort he/she will be collected by a staff member.
- From: Cape Town** **Greyhound bus** leaves from Cape Town Station at 12h00 to Colesberg where a staff member will be there to meet the applicant. The bus usually arrives about 22h00.
- From: Durban** **Greyhound Bus** leaves from Durban Station at 11h30. Please book the applicant to Colesberg where staff member will be there to meet him/her. The bus arrives at about 23h55.

At present the amount of R 500.00 is charged for transport costs to collect the applicant in Colesberg

Once the applicant is on the bus please confirm with Admissions by calling (049) 843 1747 / 1787.

IMPORTANT INFORMATION

THE FOLLOWING INFORMATION MUST BE READ BY SPONSOR AND RESIDENT/STUDENT BEFORE READING THE PROGRAMME FORMAT AND BEFORE FILLING IN THE IDENTIFYING PARTICULARS.

Treating a person with a chemical substance abuse problem does not only involve **keeping them substance free**. It involves the gaining of **insight** into the severity of their problem and **changing negative attitudes** and behaviours. For many, these negative attitudes and behaviours have become a part of their lives for many years and **change is a process that takes time**.

The Noupoort Christian Care Centre programme teaches spiritual awareness and contentment, discipline, routine and functional life skills.

On returning home, after completion of the programme, one remains vulnerable and precautions need to be taken. It is essential that one continue to live a life with routine and discipline. As soon as possible, one should partake in a working routine, join a fellowship and attend church. Positive support system, i.e. family, friends, etc. are important in offering support, giving constructive guidance and setting limits. Trust takes time to develop and one needs to be given space to prove oneself. However, don't allow yourself to be taken advantage of or manipulated.

Recovery means staying away from old "playgrounds", old friends, and "playthings". As alcohol and drugs go hand in hand, one must abstain from all mind-altering substances.

Finally, one must be aware that relapse does not begin when a person begins drinking or drugging again. It begins when a person starts to backslide in all the above areas.

PLEASE KEEP THIS IN A SAFE PLACE! IN TIME TO COME YOU WILL NEED TO REMIND YOURSELF WHAT IS WRITTEN HERE AS THE MIND HAS A WONDERFUL HEALING QUALITY DESIGNED BY GOD, TIME HEALS AND WE FORGET.

NOUPOORT CHRISTIAN CARE CENTRE
PROGRAMME FORMAT

"The Foundation of the NCCC Program is the Lord Jesus Christ"

The Noupoort Christian Care Centre aims to reach people with substance dependency problems and who experience problems adapting to everyday community life. A minimum period of 52 weeks is offered in order for individuals to gain insight and restore confidence in themselves.

After a 52-week period each person will be evaluated and recommendations will be made to the sponsor.
We trust that this will assist the sponsors.

PROGRAM FEES

Third world countries: R39900.00

First world countries: \$8,000.00 or 7,000 Euro's or 6,250.00 GBP

Above fee's are payable in advance.

Should the resident/student abscond, be expelled or leave for any reason whatsoever the fees are not refundable.

PAYMENT AND BANKING DETAILS:

- *Program Fee's, T/Shirt and Workbooks to be paid into:*

NCCS FEEDING SCHEME

Standard Bank

A/C No: 280400551

Branch Code: 050 518

Please use Residents name as a reference and Fax or email the proof of payment to:

info@drugalarm.co.za

(086) 585 5118

Program Fee's	R 39 900
T-shirts	R 200
Workbooks	R 200
Total Payable before arrival	R 40 300

- *Medical Money, Starter Pack and 1st Month Pocket Money to be paid into:*

PDH KOPPERWERKE

Standard Bank

A/C No: 280400977

Branch: 050 518

Please use Residents name as a reference and Fax or email the proof of payment to:

info@drugalarm.co.za

(086) 659 9975

Medical Money	R 2 000
Starter Pack (Toiletries)	R 150
1st Months Pocket Money	R 500
Total Payable before arrival	R 2 650

Plug Money (Payable **monthly** per appliance)

Kettle	R 65
Radio/CD player	R 65
Electric Blanket	R 100
Heater	R 100
Hair Dryer	R 45
Electric Shaver	R 45

Detox (If Required) R4000

Petrol Money (Should we have to fetch a resident from the bus stop in Colesberg) - **R500**

We do accept most credit cards and a 5% surcharge will be added to the total amount.

Please bring your ID document or a certified copy as well as a recent ID photo.

FREE 2ND YEAR !

After the **successful completion** of the above 52 week program we **strongly recommend** a further 52 week "YEAR OF YOUR LIFE" at no extra cost.

Successfully completing the programme entails completing the primary programme of 20 weeks at NCCC and moving into the reintegration programme at CIARA (Middelton). To move into this programme the resident / student must have stopped smoking for a period of 4 weeks.

This integration programme at CIARA is a 20 week programme.

Upon completion of re-integration the resident is trained for ±12 weeks to be able to give back to others who have fallen into the clutches of drug addiction.

We highly recommend the 2 year programme, which will give you peace of mind. No more costs towards treatments.

***We are serious about your recovery. How serious are you?
Your recovery is our reward.***

MAIN GOALS OF THE N.C.C.C. PROGRAM

1. The main goals of the programme at NCCC are as follows:
 - a) The basis of the programme is the development and acceptance of the power of the Lord Jesus Christ.
 - b) Establishing a relationship with God, their families and the community at large.
 - c) Board and lodging.
 - d) Developing and maintaining a drug/alcohol free lifestyle.
 - e) Developing new life skills through supervised everyday routines.
 - f) To encourage the development of a person's individual talents in preparation for the open job market.
 - g) To make available medical, dental and clinical facilities when necessary
2. The basic first phase period of 20 weeks is as follows:
 - a) On arrival, each person together with their belongings will be searched for contraband items, in accordance with NCCC rules.
 - b) The program begins with one week orientation to explain the rules, regulations and expectations for recovery.
 - c) After completing the one week orientation, the males will go to the farm and the females to arts and crafts.
 - d) After four weeks an assessment will be done. Depending on motivation, interest and abilities. Residents will be allocated to a project best suited to them.
3. The following facilities can be made available:
 - a) Building, Woodwork, Plumbing, Plastering, Electrical, etc.
 - b) Engineering, Sheet metal, Mechanical Fitting
 - c) Motor Repairs, Spray Painting
 - d) Dog kennels.
 - e) Farming – Livestock, growing of vegetable gardens, Olive Trees, Maintenance of the lands.
 - f) Commerce - retail, marketing of products produced and purchased.
 - g) Admin and Marketing
 - h) Needlework, Knitting, Cooking and general housekeeping.
 - i) Arts & Crafts workshop

N.B. The above facilities are available specifically for therapeutic purposes.

Confidential Information

To the Parent/Sponsor/Significant family member

Aan die Ouer/Borg/Betrokke familielid

- Please write some background information about the substance abuse of the applicant and how it affected you e.g. socially, physically, financially, emotionally, and in your family relations.
- This will be used in evaluating the resident / student.
- You are also welcomed to write a letter to your love one to make him/her aware of how it affected the family and attached it to your application.
- **After all the negative publicity why have you chosen our facility?**

U is welkom om bogenoemde inligting in Afrikaans te skryf aangesien die beraders Afrikaans en Engels magtig is.

NOUPOORT CHRISTIAN CARE CENTRE RULES AND REGULATIONS

Please ensure that the Resident/Student reads the following rules and regulations carefully.

1. "The Foundation of the NCCC Program is the Lord Jesus Christ". We bind ourselves to the authority of the Word of God. It will have pre-eminence over every rule.
2. The Noupoort Christian Care Centre adopts a One Step program based on the scripture verse that ***I can do all things through Christ who strengthens me.*** (Phil 4:13)
3. Participation in all religious activities, allocated work and tasks assigned to you are *compulsory*.
4. On arrival, returning from a weekend or 10 day break all residents as well as belongings will be searched if any illegal substances or contraband are found immediate action will be taken and charges of possession will be laid and the individual will be placed in our CI facility.
5. No smoking is allowed in enclosed areas. Provision is made in outside area.
6. No drugs, alcohol or other stimulants are allowed. Possession of any substance will be dealt with in a serious manner and could result in criminal charges and/or instant expulsion.
7. No swearing, blasphemy or the use of any abusive language will be tolerated.
8. Pocket money is at the parents / sponsors discretion. No cash will be handed out; only N.C.C.C. Cards will be issued. Pay outs will only happen once we have received proof of payment which must be faxed to (086) 585 5118.
9. No food stuffs, toiletries, cigarettes to be brought with or sent by sponsor in a parcel. **They will be confiscated and not returned. Any toiletries brought in will be confiscated and not returned.**
10. No visitors are allowed for the first 6-8 weeks. Only direct family members will be allowed to visit (no boyfriends, girlfriends or fiancés will be allowed). Bookings must be done through N.C.C.C. and all requests are to be done in writing 10 working days in advance and faxed to (086) 585 5118. It will be at the discretion of the Director whether the visit is granted and you can only stay at designated guest houses. Only clothing will be allowed to be brought in after a week-end visit anything else will be confiscated. Residents that commit any substance-abuse related offences will forfeit any visitation rights until the Director decides otherwise. (See annexure 6.)
11. Once you are in CI or on full hold, you will forfeit your weekend regardless of the offence.
12. Men are forbidden to visit ladies hostels and vice versa, without management approval.
13. All luggage's to be handed in to the office on day of admission. They will be returned on the day of your discharge.

14. Only Christian Music and Literature will be permitted. The committee will screen any other literature and tapes. Any items confiscated will be destroyed.
15. Any articles of clothing that do not comply with the standards of the N.C.C.C. (T-shirts with Satanic symbols, drug related shirts etc.) will be confiscated and destroyed. The dress code is as stipulated by management.
16. Bring your own bedding and towels. **An itemized list** must be made of all clothing and articles brought to the centre. **All clothing to be marked.** Any clothing that goes missing or stolen will not be the responsibility of NCCC. LADIES PLEASE NOTE: No short skirts / dresses, skimpy tops, tight shorts or tight jeans allowed. Long T-shirts and long shorts only. IF YOU INSIST ON BRINGING UNDESIRABLE CLOTHING IT WILL BE CONFISCATED. Only one pair of earrings is allowed to be worn by the ladies. No earrings are permissible for men and no nose, tongue or belly rings allowed. These will be confiscated. We will not be held responsible for any jewellery confiscated.
17. Electrical appliances are allowed (*Please see above listed payment schedule*). (No microwaves, TV's, Fridges).
18. If a resident is on medical aid please submit details on arrival. R2000-00 must be paid into the PDH Kopperwerke account to cover all medical and dental emergencies regardless if Resident/Student is on medical aid or not, if any resident requires detoxing an additional amount of R4000.00 will have to be paid.
19. R30.00/month is deducted from pocket money for the Recreation Club (e.g. DSTV, Sport Activities, Equipment etc).
20. No resident is allowed to leave Noupoot without permission from the directorship of NCCC.
21. No impulsive or sudden decisions are allowed.
22. All bedrooms, bathrooms, kitchens and gardens must be kept clean and tidy.
23. All medication to be handed in on arrival and recorded.
24. "NO REHAB ROMANCES" are permitted. Any romantic involvement will be dealt with and could lead to instant expulsion.
25. No resident is allowed to walk alone.
26. Residents when walking from workstation to centre etc will be accompanied by a senior resident, staff in training, voluntary worker or staff member.
27. All meals are compulsory.
28. No resident is allowed to visit the Post Office, Bank, Shops or Chemist, All post, parcels, money, prescriptions will be collected for you.
29. Residents who disobey any of the above rules will appear before a disciplinary committee, where certain correctional measures including punitive punishment (fines) may be imposed, which the sponsor/resident hereby authorize NCCC to deduct from any pocket money held on behalf of the resident.
30. Random drug testing will be carried out regularly and the costs thereof to be paid out of medical funds.
31. A New King James Bible, A4 Exercise book and a file to be brought with on arrival.
32. No personal faxes and E-mails to be sent to Resident/Students without prior arrangement. Resident/Students can correspond via letters only and all correspondence incoming and outgoing is censored. No phone calls are allowed for the first 4 weeks.
33. Sponsor / Parent can phone once a week to see how the Resident/Student is progressing. They can contact **House Father** in connection with male residents on Wednesday, Fridays and Saturday between 18h00 and 20h00 on **0825201288** . For Female Residents / Esme Goldie can be contacted between 18h00 and 20h00 on Tuesday, Thursday and Saturdays on **0763824970**
34. Once a resident is released from CI they are only allowed a weekend or day visit 3 weeks after the release date.
35. a) A 10 day holiday will only be given after the resident has completed the 2nd phase of the program. Request to be submitted in writing 14 working days before the holiday. Only once approval has been given from NCCC tickets can be booked.
36. We **will not be held responsible** for the safe return of any possessions left behind and only sponsors

can request for clothing to be released if resident/student absconds, is expelled or leaves, "for any reason whatsoever" before completing the program. Belongings must be collected within 30 days. The responsibility lies with the resident / sponsor to arrange collection. Failing this the clothing will be distributed to the poor. Sponsorship fees will be forfeited should the resident leave the program before completion.

37. Should the resident/student abscond, leave for any reason whatsoever or is expelled, re-admittance will have to be considered by the directorship/management of NCCC and can be refused depending on the circumstances.
38. I agree and place myself in the protective custody of the Noupoort Christian Care Centre. I am a chronic substance abuser and appeal to the above Centre to use whatever measures they deem fit to apprehend me from absconding / leaving from the said Centre for the next 52 weeks or longer because I am afraid that should I leave the Centre before the set time I will die.

THE PURPOSE AND REASON OF YOUR COMING TO NOUPOORT IS TO CHANGE YOUR LIFESTYLES AND HABITS SHOULD YOU NOT HAVE THE EARNEST DESIRE TO CHANGE YOUR LIFE IN ACCORDANCE WITH THE ABOVE, PLEASE DO NOT COME TO NOUPOORT!

DON'T WASTE YOUR TIME! OR OURS!

Daily Routine

Monday – Friday (Winter)

05h55 Wake up, Dress
06h00 Roll Call, Building Duties
06h45 Inspection/Building clean
07h15 Roll Call
07h30 Breakfast
08h00 Proceed to Work Stations
08h15 Work Stations
12h45 Leave Work Stations
13h00 Lunch
14h00 Return to Work Stations/Groups
15h45 Leave Work Stations
16h00 Dog walk
17h30 Supper
19h00 Roll call / Groups on Mondays
19h30 Shower
19h30 Shower
20h00 Roll call / Free time / Extra's
22h00 Quiet Time
22h30 Lights Out

Monday – Friday (Summer)

04h55 Wake up, Dress
05h00 Roll Call, Room clean
05h30 Dog Walk
06h45 Inspection/Building clean
07h30 Roll call/Breakfast
08h15 Proceed to Work Stations
08h30 Work Stations
12h45 Leave Work Stations
13h00 Lunch
14h00 Return to Work Stations/Groups
17h15 Leave Work Stations
17h30 Supper
19h00 Roll call / Groups on Mondays
19h30 Shower
20h00 Roll call / Free time / Extra's
22h00 Quiet Time
22h30 Lights Out

Saturday

08h00 Wake-up, Dress, Personal Duties
08h30 Roll Call, Building Duties
09h30 Breakfast
10h00 Roll Call
10h15 Free time / Extra's
13h15 Roll Call
13h30 Lunch
14h00 Roll Call / Free time / Extra's
17h45 Roll Call
18h00 Supper
18h15 Roll Call
18h45 Shower
19h15 Free time / Extra's
20h30 Roll Call / Free time / Extra's
22h00 Quiet Time
22h30 Lights Out

Sunday

07h00 Wake-up, Dress, Personal Duties
07h30 Roll Call, Building Duties
08h30 Breakfast
09h00 Roll Call
09h15 Leave for Church
09h30 Church
13h00 Leave Church
13h15 Roll Call
13h30 Lunch
14h00 Roll Call
14h15 Free Time / Extra's
17h45 Roll Call
18h00 Supper
18h30 Shower
19h00 Building Clean
20h00 Free Time / Extra's
20h30 Roll Call
20h45 Free Time / Extra's
22h00 Quiet Time
22h30 Lights Out

Residents who have duties to attend to during the free time must see that they fulfil their commitments.

Corrective Intervention (CI)

In order for all resident/students to recover in a positive environment, it is necessary to remove negative elements from the mainstream of the programme. The disciplinary program in CI is to accommodate residents who qualify for expulsion.

CI will be separate and isolated from the centre and will have its own dining area and ablution facilities and thus can be run as a totally separate entity. The level of discipline will be stricter than the centre (e.g. military style inspections and parades) in order to build team spirit, respect and self-control.

On or before arrival at CI, the sponsor / guardian will be informed. In the event of continued non-compliance, we will have no other choice but to expel the resident.

While at the disciplinary facility the resident/student is encouraged to submit to the CI rules and complete the specified time. Both counsel and support is given, so that the resident/student can be reintegrated back into the mainstream program.

ii) Staff at CI

The disciplinary programme will be run by N.C.C.C. staffs that have successfully completed the recovery program. Management and the multi-disciplinary team regularly monitor and interview the CI residents/students to encourage them and to assess their progress. A professional nurse is on call 24 hours.

*IF MY PEOPLE WHO CALLED BY MY NAME WILL HUMBLE THEMSELVES AND PRAY AND SEEK MY FACE THEN WILL I HEAR FROM HEAVEN
FORGIVE THEIR SIN AND HEAL THEIR LAND 2 CHRONICLES 7:14*

DAILY PROGRAM

05:00	WAKE UP
05:30 – 06:15	BUILDING CLEAN
06:15 – 06:30	DAILY DEVOTIONS
06:30 -07:30	PERSONAL TRAINING
07:30 – 08:00	BREAKFAST – DISHES
08:00 – 13:00	READY FOR WORK
13:15 – 14:00	LUNCH – DISHES
14:00 -16:00	READY FOR WORK
16:00 – 17:00	PHYSICAL TRAINING
17:30 – 18:00	SUPPER/DISHES
18:00 – 18:30	HONESTY GROUPS/BIBLE STUDY
18:30 – 20:30	FREE TIME OR CORRECTIONAL MEASURES (PT / XTRA'S)
20:30 – 21:00	SHOWER TIME
21:00 – 21:30	QUIET TIME
21:30	LIGHTS OUT

Conclusion

We believe that the N.C.C.C. rehabilitation programme will be greatly enriched through this Disciplinary Facility by enhancing the overall discipline of the programme. We cannot stress the importance of discipline and adherence to the Word of God in our day-to-day life.

SPONSOR'S SIGNATURE

RESIDENT'S SIGNATURE

DATE

DATE



TODAY'S DATE

Y	Y	M	M	D	D

APPLICATION FOR NCCC REHABILITATION PROGRAM

A. GENERAL INFORMATION

PERSONAL INFO		Surname															
		First Name															
Identity no											Age						
DOB																	
Country of birth										Gender		Marital status					
Rep SA										Male		Never Married					
Other (Specify)										Female		Married					
Dependents												Widower/Widow					
Church Affiliation												Divorced					
Pastor												Engaged					
Pastor's contact no																	
Referred by					Name												
(please complete)					Tel												
Why Noupoot?																	

Physical address of applicant												Home language	
E-mail													
Cell no													
Tel (H)						Tel (W)							
Fax no													

Qualifications														
Profession														
Hobbies / Interests														
How many years employed?														
In which position / capacity?														

Court cases pending										(Be specific and give date of next court appearance)				
Charge														
Court date														
District														
SPONSOR INFO										Surname				

First Name																			
Sponsor Relationship																			
Physical address of sponsor															Home language				
Postal address of sponsor																			

E-mail														
Cell no														
Tel (H)										Tel (W)				
Fax no														

FAMILY DETAILS														
Next of Kin														
Relationship														
Cell														
Tel														
Fax no														
E-Mail														

B.SUBSTANCE ABUSE

DRUG OF CHOICE : (main addiction)

Alcohol	Mandrax	Tik
Heroin	Dagga	Khat
Crack	Ecstasy	Prescription Meds
Cocaine	LSD	Other substances used

OTHER SUBSTANCES USED

Alcohol	Mandrax	Tik
Heroin	Dagga	Khat
Crack	Ecstasy	Prescription Meds
Cocaine	LSD	Other substances used

PREVIOUS REHABILITATION

Please furnish information on the most recent rehabilitation institutions attended (the last one attended first)

Institution	Years (eg 2001 - 2002)	Completed		How long clean after treatment?
		Yes	No	
		Yes	No	
		Yes	No	
		Yes	No	
		Yes	No	

PRESENT CONDITION

Physical	
Poor	
Average	
Good	
Excellent	

Comment

--	--	--	--	--	--	--	--	--	--

Psychological	
Are you on prescription medication	
If yes name of medication	

Y	N								
		Years							
Name									
Contact no									

Period on above medication
Psychiatrist / GP who prescribed

C. MEDICAL DETAILS

Important to fill in to prevent applicant from fabricating ailments to prevent them from getting involved in the program

MEDICAL REPORT

Are you presently under medical treatment	Y	N							
If yes, reason and treatment									
Period of time on treatment			Years						
Have you been tested for the following?	Yes/No	Date	Result						
AIDS	Y N								
TB	Y N								
Syphilis	Y N								
Hepatitis	Y N								

I agree to be tested for the above while in Noupoort	Signature

MEDICAL HISTORY / INFORMATION

Serious operations		Self mutilation	
Serious illnesses		Anorexia	
Serious injuries		Bulimia	
Allergies/Asthma			
Any other information with respect to applicant's physical condition			

Are you on any Disability Grant?	Y	N
If yes, reason for Grant.		

MEDICAL AID DETAILS

Is the applicant on medical aid (if so please provide details)												Y	N												
Name of medical aid																									
Members name																									
Membership no																									
Option																									
Dependant code																									
Member's ID no																									
Medical aid telephone no																									

Please fax a copy of both sides of the Medical Aid Card.

I hereby acknowledge that all information provided in this application is honest.

I have read the rules and the attached daily routine and bind myself thereto.

I agree to have tests done at any given time for drugs and/or alcohol.

I agree to be tested for AIDS, TB, Syphilis and Hepatitis.

I understand that should I decide to leave the program before the completion date that NCCC is not obliged to assist me in any way.

*I understand that I will **forfeit all funds** should I leave the program before the completion date.*

*I understand that relapse is not part of NCCC program and the use of any addictive substance during my program at N.C.C.C will result in a **new** program.*

Should a resident abscond the sponsor/parent must return her/him before 48 hours lapsed to ensure continuing the program.

RESIDENT/STUDENTS SIGNATURE

DATE

I, _____.

, ID
No

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

declare that I have read the Programme Format of N.C.C.C.

*I understand that should the above applicant abscond, be expelled or leave for any reason whatsoever, before completion of the 52 week programme, that **all** the program fees will be forfeited.*

SPONSOR SIGNATURE

DATE

