

N.C.C.C.

NOUPOORT CHRISTIAN CARE CENTRE

P.O.Box 113, Noupoort, 5950

Office: (049) 843 1747

(049) 843 1787

Fax: 086 659 9975

Email: info@drugalarm.co.za

Web: www.drugalarm.co.za

N.P.O: 004-150

P.B.O: 930 020 451



Founders: Pastor Sophocles and Gladys Nissiotis

Addiction is a choice and not an incurable disease, which means that it can and has been overcome by many that have completed our prescribed 1 year and 2 year programs.

Broken down as follows, our survey shows a **76% recovery success rate** for those successfully completing the 52 week program. For this reason we can **guarantee the recovery of any addiction** for all those that are prepared to do an **extra year** after successful completion of the first year. **The second year is absolutely free.**

NB: School residents have to first complete their schooling and first year program.

The second year is totally free and sponsored by the Noupoort Christian Care Centre for non-school going residents.

Complete the second year and Noupoort Christian Care Centre guarantee's your recovery for life. **No more financial burden for the cost of addiction.** They relapse you send them back at no cost. (Medical costs excluded)

The Program is broken down as follows:

1. Minimum of 20 weeks primary care.
2. 20 weeks secondary care for those who have stopped smoking.
3. 12 weeks as a senior resident.
4. 52 weeks as a training staff member. These 52 weeks are totally free, financed by the NCCC, excluding medical incidences.

1. **ATTENTION: Please read the attached programme very carefully and allow the applicant to do the same.**
2. If we can be of help or service to you, please complete the application forms and **email back** to Admissions on info@drugalarm.co.za or esme@drugalarm.co.za
3. **Please ensure that the applicant reads the rules and regulations of the programme and understands them.**
4. It is important to follow the above procedures and not to allow the applicant to arrive without his/her application having been approved **otherwise the applicant will not be admitted.**

Should you require further information please visit our website on www.noupoort.co.za

The following buses are available to Noupoot.

- From: Gauteng** Intercape and Eldo Coach Bus to P.E. or George leaves JHB at 17h45. Please book the applicant to Noupoot he/she will be collected by a staff member.
- From: Cape Town** Intercape bus leaves from Cape Town Station at 12h00 to Colesberg where a staff member will be there to meet the applicant. The bus usually arrives about 22h00.
- From: Durban** Intercape Bus leaves from Durban Station at 11h30. Please book the applicant to Colesberg where staff member will be there to meet him/her. The bus arrives at about 23h55.

PLEASE NOTE THAT WE WILL NOT PICK UP ANY RESIDENTS AFTER 23:55 AND 05:00 AM

At present the amount of R 750.00 is charged for transport costs to collect the applicant in Colesberg

Once the applicant is on the bus please confirm with Esme by calling **081 3944 815**

IMPORTANT INFORMATION

THE FOLLOWING INFORMATION MUST BE READ BY SPONSOR AND RESIDENT BEFORE READING THE PROGRAMME FORMAT AND BEFORE FILLING IN THE IDENTIFYING PARTICULARS.

Treating a person with a chemical substance abuse problem does not only involve **keeping them substance free**. It involves the gaining of **insight** into the severity of their problem and **changing negative attitudes** and behaviours. For many, these negative attitudes and behaviours have become a part of their lives for many years and **change is a process that takes time**.

The Noupoot Christian Care Centre programme teaches spiritual awareness and contentment, discipline, routine and functional life skills.

On returning home, after completion of the programme, one remains vulnerable and precautions need to be taken. It is essential that one continue to live a life with routine and discipline. As soon as possible, one should partake in a working routine, join a fellowship and attend church. Positive support system, i.e. family, friends, etc. are important in offering support, giving constructive guidance and setting limits. Trust takes time to develop and one needs to be given space to prove oneself. However, don't allow yourself to be taken advantage of or manipulated.

Recovery means staying away from old "playgrounds", old friends, and "playthings". As alcohol and drugs go hand in hand, one must abstain from all mind-altering substances.

Finally, one must be aware that relapse does not begin when a person begins drinking or drugging again. It begins when a person starts to backslide in all the above areas.

PLEASE KEEP THIS IN A SAFE PLACE! IN TIME TO COME YOU WILL NEED TO REMIND YOURSELF WHAT IS WRITTEN HERE AS THE MIND HAS A WONDERFUL HEALING QUALITY DESIGNED BY GOD, TIME HEALS AND WE FORGET.

NOUPOORT CHRISTIAN CARE CENTRE
PROGRAMME FORMAT

The Noupoort Christian Care Centre aims to reach people with substance dependency problems and who experience problems adapting to everyday community life. A minimum period of 52 weeks is offered in order for individuals to gain insight and restore confidence in themselves.

After a 52-week period each person will be evaluated and recommendations will be made to the sponsor.
We trust that this will assist the sponsors.

PROGRAM FEES

Above fee's are payable in advance.

Should the resident/student abscond, be expelled or leave for any reason whatsoever the fees are not refundable.

PAYMENT AND BANKING DETAILS:

- Program Fee's, T/Shirt and Workbooks to be paid into:

NCCS FEEDING SCHEME

Standard Bank

A/C No: 280400551

Branch Code: 050 518

Please use Residents name as a reference and Fax or email the proof of payment to:

info@drugalarm.co.za

(086) 659 9975

Program Fee's	R 44 000
T-Shirts	R 500
Workbooks	R 500
Total Payable before arrival	R 45 000

- Medical Money, Starter Pack and 1st Month Pocket Money to be paid into:

PDH KOPPERWERKE

Standard Bank

A/C No: 280400977

Branch: 050 518

Please use Residents name as a reference email the proof of payment to:

info@drugalarm.co.za

Medical Money	R 4 000
Starter Pack (Toiletries)	R 200
1st Months Pocket Money	R 800
Total Payable before arrival	R 5 000

Above Fee's are payable in advance.

Should the resident abscond, be expelled or leave for any reason whatsoever the fees are not refundable!

Monthly deductions from the pocket money:

- R20 -> Admin Fees
- R55 -> Recreation Fees
- R15 > Plug fee for communal use of electric kettle

If a Resident has any electrical appliances, **'plug fees'** will apply and be deducted from the pocket money. Please see below.

Payable **monthly** per appliance

Kettle	R65.00
Radio	R45.00
Electric Blanket	R350.00
Heater	R350.00
Hairdryer	R 65.00
Electric shaver	R 45.00
Hair Straighter	R 65.00

Detox (If Required) R4000

Petrol Money (Should we have to fetch a resident from the bus stop in Colesberg) – **R750**
Petrol money to Middelburg for Doctor or Dentist R500

Please bring your ID document or a certified copy as well as a recent ID photo.

FREE 2ND YEAR !

After the **successful completion** of the above 52 week program we **strongly recommend** a further 52 week “**YEAR OF YOUR LIFE**” at no extra cost.

Successfully completing the programme entails completing the primary programme of 20 weeks at NCCC and moving into the reintegration programme at CIARA (Middelton). To move into this programme the resident must have stopped smoking for a period of 4 weeks.

This integration programme at CIARA is a 20 week programme.

Upon completion of re-integration the resident is trained for ±12 weeks to be able to give back to others who have fallen into the clutches of drug addiction.

We highly recommend the 2 year programme, which will give you peace of mind. No more costs towards treatments.

***We are serious about your recovery. How serious are you?
Your recovery is our reward.***

MAIN GOALS OF THE N.C.C.C. PROGRAM

1. The main goals of the programme at NCCC are as follows:
 - a) The basis of the programme is the development and acceptance of the power of the Lord Jesus Christ.
 - b) Establishing a relationship with God, their families and the community at large.
 - c) Board and lodging.
 - d) Developing and maintaining a drug/alcohol free lifestyle.
 - e) Developing new life skills through supervised everyday routines.
 - f) To encourage the development of a person’s individual talents in preparation for the open job market.
 - g) To make available medical, dental and clinical facilities when necessary
2. The basic first phase period of 20 weeks is as follows:
 - a) On arrival, each person together with their belongings will be searched for contraband items, in accordance with NCCC rules.
 - b) The program begins with one week orientation to explain the rules, regulations and expectations for recovery.
 - c) After completing the one week orientation, the males will go to the farm and the females to the kitchen.
 - d) After four weeks an assessment will be done. Depending on motivation, interest and skills, the Residents will be allocated to a workstation best suited to them as listed below.
3. The following facilities can be made available:
 - a) Maintenance = Building, Plumbing, Plastering, Electrical, etc.

- b) Dog kennels.
- c) Farming – Livestock, growing of vegetable gardens, Maintenance of the lands.
- d) Restaurant
- e) Gardening
- f) Kitchen and general housekeeping
- g) Arts & Crafts workshop

N.B. The above facilities are available specifically for therapeutic purposes.

Confidential Information

To the Parent/Sponsor/Significant family member

- Please write some background information about the substance abuse of the applicant and how it affected you e.g. socially, physically, financially, emotionally, and in your family relations.
- This will be used in evaluating the resident
- You are also welcome to write a letter to your loved one to make him/her aware of how it affected the family and attached it to your application.

NOUPOORT CHRISTIAN CARE CENTRE RULES AND REGULATIONS

Please ensure that the Resident reads the following rules and regulations carefully.

1. "The Foundation of the NCCC Program is the Lord Jesus Christ". We bind ourselves to the authority of the Word of God. It will have pre-eminence over every rule.
2. The Noupoort Christian Care Centre adopts a One Step program based on the scripture verse that ***can do all things through Christ who strengthens me.*** (Phil 4:13)
3. Participation in all religious activities, allocated work and tasks assigned to you are *compulsory*.
4. On arrival, returning from a weekend or 10 day break all residents as well as belongings will be searched if any illegal substances or contraband are found the individual will be placed in our CI facility and the resident will go on a paid program restart.
5. No smoking is allowed in enclosed areas. Provision is made in outside area.
6. No drugs, alcohol or other stimulants are allowed. Possession of any substance will be dealt with in a serious manner and could result in criminal charges and/or instant expulsion.
7. No swearing, blasphemy or the use of any abusive language will be tolerated.
8. Pocket money is at the parents / sponsors discretion. No cash will be handed out; only N.C.C.C. Cards will be issued. Pay outs will only happen once we have received proof of payment which must be email to info@drugalarm.co.za
9. **NO FOOD STUFFS, TOILETRIES OR CIGARETTES TO BE BROUGHT WITH OR SENT BY SPONSOR IN A PARCEL – It will be confiscated and not returned. Also, any toiletries brought in will be confiscated and not returned.**
10. No visitors are allowed for the first 6 weeks. Only direct family members will be allowed to visit (**no boyfriends, girlfriends or fiancés will be allowed**). Bookings must be done through N.C.C.C. and all requests are to be done in writing **10 working days** in advance and email it to info@drugalarm.co.za. It will be at the discretion of **Management** whether the visit is granted and you can only stay at designated guest houses. Only clothing will be allowed to be brought in after a week-end visit anything else will be confiscated. **Residents that commit any offences will forfeit any visitation rights until Management decides otherwise.**

11. Once you are on full hold, you will forfeit your weekend regardless of the offence.
12. Men are forbidden to visit ladies' hostels and vice versa, without management approval.
13. All luggages to be handed in **to the Housefather and Housemother on the day** of admission.
14. Only Christian Music and Literature will be permitted. **Any other literature and music will be screened. Any items confiscated will be destroyed.**
15. Any articles of clothing that do not comply with the standards of the N.C.C.C. (T-shirts with Satanic symbols, drug related shirts etc.) will be confiscated and destroyed. The dress code is as stipulated by management.
16. Bring your own bedding and towels. **An itemized list** must be made of all clothing and articles brought to the centre. **All clothing to be marked. Any clothing that goes missing or stolen will not be the responsibility of NCCC.**
LADIES PLEASE NOTE: No short skirts / dresses, skimpy tops, tight shorts or tight jeans allowed. Only Long T-shirts and long shorts allowed. **IF YOU INSIST ON BRINGING UNDESIRABLE CLOTHING IT WILL BE CONFISCATED.** Only one pair of earrings is allowed to be worn by the ladies. No earrings are permissible for men and no nose, tongue or belly rings allowed. These will be confiscated. **We will not be held responsible for any jewellery confiscated.**
17. Electrical appliances are allowed (*Please see above listed payment schedule*). (No microwaves, TV's, Fridges).
18. If a resident is on medical aid please submit details on arrival. **R5 000** must be paid into the PDH Kopperwerke account to cover all medical and dental emergencies regardless if Resident is on medical aid or not, if any resident requires detoxing an additional amount of **R4000.00** will have to be paid.
19. R50.00/month is deducted from pocket money for the Recreation Club (e.g. DSTV, Sport Activities, and Equipment etc).
20. No resident is allowed to leave Noupoot without permission from the **Management** of NCCC.
21. No impulsive or sudden decisions are allowed.
22. All bedrooms, bathrooms, kitchens and gardens must be kept clean and tidy.
23. All medication to be handed in on arrival and recorded.
24. "NO REHAB ROMANCES" are permitted. Any romantic involvement will be dealt with and could lead to instant expulsion.
25. No resident is allowed to walk alone.
26. Residents when walking from workstation to centre etc will be accompanied by a senior resident, staff in training, voluntary worker or staff member.
27. All meals are compulsory.
28. No resident is allowed to visit the Post Office, Bank, Shops or **Chemist**. All post, parcels, money, prescriptions will be collected for you.
29. Residents who disobey any of the above rules will appear before a disciplinary committee, where certain correctional measures including punitive punishment (fines) may be imposed, which the sponsor/resident hereby authorize NCCC to deduct from any pocket money held on behalf of the resident.
30. Random drug testing will be carried out regularly and the costs thereof to be paid out of medical funds.
31. A New King James Bible, A4 Exercise book and a file to be brought with on arrival.
32. No personal faxes and E-mails to be sent to Residents without prior arrangement. Residents can correspond via letters only and all correspondence incoming and outgoing is censored. No phone calls are allowed for the first 4 weeks.
33. **Sponsor / Parent can PHONE ONCE A WEEK to see how the Resident is progressing. They can contact House Father (082 520 1288) AND THE Housemother (081 394 4815) once a week on a Wednesday between 12:00 and 17:00.**
34. 10 day holiday will only be given after the resident has completed the 2nd phase of the program. Request to be submitted in writing **14 working days** before the holiday. Only once approval has been given from NCCC tickets can be booked.
35. **We will not be held responsible** for the safe return of any possessions left behind and only sponsors can request for clothing to be released if resident absconds, is expelled or leaves, "for any reason

whatsoever” before completing the program. **Belongings must be collected within 30 days.** The responsibility lies with the sponsor to arrange collection. **Failing this the clothing will be distributed to the poor. Sponsorship fees will be forfeited should the resident leave the program before completion.**

36. Should the resident abscond, leave for any reason whatsoever or is expelled, re-admittance will have to be considered by the Management of NCCC and can be refused depending on the circumstances.
37. **I agree and place myself in the protective custody of the Noupoort Christian Care Centre. I am a chronic substance abuser and appeal to the above Centre to use whatever measures they deem fit to apprehend me from absconding / leaving from the said Centre for the next 52 weeks or longer because I am afraid that should I leave the Centre before the set time I will die.**

THE PURPOSE AND REASON OF YOUR COMING TO NOUPOORT IS TO CHANGE YOUR LIFESTYLES AND HABITS SHOULD YOU NOT HAVE THE EARNEST DESIRE TO CHANGE YOUR LIFE IN ACCORDANCE WITH THE ABOVE, PLEASE DO NOT COME TO NOUPOORT!

DON'T WASTE YOUR TIME! OR OURS!